



## Planet Plate

Eating a vegetarian diet can help with climate change by reducing carbon emissions and help reduce global warming. They are really tasty too!

# New Menu

Please order and pay in the usual way via



## DID YOU KNOW?

- We source seasonal and local food where we can
- Our meals are freshly prepared on site
- We serve at least two portions of fruit & veg a day
- Organic yoghurt or dairy alternative available daily
- We use local higher welfare meat and free range eggs
- Our school food meets the School Food Standards and Food For Life criteria.



### Planet Plate Day

### Tuesday

### Wednesday

### Thursday

### Friday

#### Week 1

25.04.22

16.05.22

#### Week 2

02.05.22

23.05.22

#### Week 3

09.05.22

WEEK 1

Freshly prepared Margherita pizza (V)  
Vegetable pizza (V)  
Cheese & broccoli quiche (v)  
crunchy diced potatoes  
Seasonal vegetables

Build your own fruit pot  
Organic fruit yoghurt  
Cheese, crackers and grape pot

Summer BBQ sticky chicken  
Veggie Bolognese wrap (V)  
rice  
Seasonal vegetables

Fruit jelly and ice cream  
fresh fruit  
Organic fruit yoghurt

Local Devonshire Roast Gammon,  
gravy, Yorkshire pud, roast potatoes  
and seasonal vegetables  
Or  
Cheese & Onion pasty (V)

Chocolate surprise cake  
fresh fruit or organic fruit yoghurt

Freshly prepared pasta pots with a  
variety of toppings  
Garlic bread  
Seasonal vegetables

Organic PIP lolly  
Fresh fruit or organic fruit yoghurt  
Cheese, crackers and grape pot

Freshly prepared MSC fishcake  
MSC Salmon fishcake  
Veggie burger (V)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit  
Or organic fruit yoghurt

**Deli Bar:** There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

**Jacket potato:** There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

## ALLERGENS

We take every care to cater for pupils with allergies & intolerances Please enquire with the kitchen regarding ingredients in your meal.

WEEK 2

Freshly prepared Macaroni cheese  
Or cheese & tomato slice  
crunchy-diced potatoes  
Seasonal vegetables

Build your own fruit pot  
Organic fruit yoghurt  
Cheese, crackers and grape pot

Freshly prepared crispy chicken  
'katsu' curry sauce (optional)  
Or  
Veggie curry  
Rice & poppadum  
Seasonal vegetables

Fruit muffin or fresh fruit  
Or organic fruit yoghurt

Local Devonshire Sausage Roast,  
gravy, Yorkshire pud  
Or  
Veggie in the hole(V)  
roast potatoes and  
Seasonal vegetables

Collaton Mess  
or fresh fruit or organic fruit yoghurt

Freshly prepared pasta pots with a  
variety of toppings  
Focaccia bread  
Seasonal vegetables

Organic PIP lolly  
Fresh fruit or organic fruit yoghurt  
Cheese, crackers and grape pot

MSC fish finger  
Or  
Vegetable pasty (V)

Chips, peas and baked beans

'Dessert of the Day' or fresh fruit  
Or organic fruit yoghurt

**Deli Bar:** There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

**Jacket potato:** There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

## Homemade Dessert of the Day

This is a freshly prepared reduced sugar sweet treat which changes daily and could include a chocolate date brownie, Mandarin, apple or fruit sponges, carrot cake, tray bake, flapjack, banana muffins, fruity shortbread.

WEEK 3

Freshly prepared Margherita pizza (V)  
Vegetable pizza (V)  
wedges  
Seasonal vegetables  
Sunshine soup, homemade bread roll

Build your own fruit pot  
Or organic fruit yoghurt  
Cheese, crackers and grape pot

Quality butchers 'hot dog' roll  
100% beef burger in a bun  
Or  
Veggie sausage (v)  
Crunchy diced potatoes  
seasonal vegetables

Fruity flapjack or fresh fruit  
Or organic fruit yoghurt

Local Devonshire Roast chicken, gravy,  
Yorkshire pud, roast potatoes and  
seasonal vegetables  
Or  
Creamy veggie bake (v)

Custard biscuit or fresh fruit  
Or organic fruit yoghurt

Freshly prepared pasta pots with a  
variety of toppings  
Garlic bread  
Seasonal vegetables

Organic PIP lolly  
Fresh fruit or organic fruit yoghurt  
Cheese, crackers and grape pot

MSC Brixham fish bites  
Or  
Cheese & tomato pinwheel (v)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit  
Or organic fruit yoghurt

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**Jacket potato:** There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar