



Getting Ready for School



It is nearly time to start school. Here are some things to do at home to help you get ready.

Self-Care and Independence

- I can wash and dry my hands.
- I can wipe my nose with a tissues.
- I can put on my coat on my own.
- I can use the toilet.
- I can begin to wipe myself after using the toilet.
- I am learning to dress / undress— this will help me change for PE
- I am happy to be away from my parents for a short period of time. I know they will be back soon.



Playing with Others

- I join in games and activities with other people.
- I can share and take turns.
- I can ask someone to play with me.

Speaking and Listening

- I can talk about my ideas, needs and feelings.
- I can ask a grown-up for help.
- I can follow simple instructions.

Eating and Drinking

- I can use a spoon, knife and fork.
- I can open my lunch box as well as wrappers and packaging.
- I can drink from a water bottle, carton or open cup.



Numbers

- I can count 1, 2, 3, 4, 5
- I like singing number rhymes
- I am learning to recognise numbers to 5



Reading and Writing

- I can read my name.
- I can make marks with a pencil
- I am learning to write my name
- I enjoy listening to stories and rhymes.